



6565 West Loop South #801 | Bellaire, TX 77401 | P: 832.553.2314 | F 713.661.4346

## **Chemical Peel Post Care**

During the next several days your skin will feel tight, be red and then crack and peel. The result is a new fresh, rejuvenated layer of skin. There should be no scabs or bleeding. The average peel takes 5 to 6 days to complete. Deeper peels, for heavily sun damaged and wrinkled skin, may take 8 to 10 days. Remember most patients require more than one peel to achieve their best improvement.

Your peel today was with: Glytone Hand Peel

The Glytone Hand Peel is an in-office procedure recommended to improve the appearance of fine lines and wrinkles, uneven skin tone and texture, and photodamaged skin. This is a combination peel containing TCA, Lactic, and Kojic acids. A series of 3 treatments is recommended for best results.

- Wash the treated area twice a day with a mild cleanser such as \_\_\_\_\_ and lukewarm water.
- Use a mild lotion such as Cicalfate daily throughout peeling, in the morning and evening.
- Keep your skin moist with a moisturizer or antibiotic ointment.
- Don't pick off dead skin flakes or scabs and don't rub your skin. Peeling may begin 3-14 days after treatment, although not required to achieve optimal results.
- Wait 2 hours before contact with water.
- **Don't expose treated areas to sunlight!**
- **You must use sunscreen with an SPF 30 or greater daily! Wear a hat and avoid direct sun exposure. Healing skin that incorporates new sun exposure can become discolored.**

Any questions or concerns regarding your treatment, or to schedule future appointments, please call the Center for Cosmetic Dermatology directly at **832-553-2314 or after hours at 713-661-4383 to reach the answering service. If it is not urgent, you may also email us at [cosmetics@bellairedermatology.com](mailto:cosmetics@bellairedermatology.com).**

**Thank you for allowing us the opportunity to treat you today and we look forward to assisting you in the future!**