



# BELLAIRE DERMATOLOGY

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## **MiXto Fractional CO<sub>2</sub> Laser Procedure: Pre-Operative Instructions**

Before we begin treatment, please review your pre-operative packet and make sure we have answered all of your questions.

- Your treatment is scheduled on \_\_\_\_\_ at \_\_\_\_:\_\_\_\_ AM / PM. You should arrive \_\_\_\_\_ minutes early for your pre-treatment preparation.
- If your procedure involves the use of light sedation (Valium/diazepam), you will not be allowed to drive for at least 8 hours after your procedure. You must arrange for a ride to the office to pick you up after your treatment. Please make sure that you bring your medication with you. We do not have Valium in the office, so you will need to take medicine from your own prescription.
- Start taking your: • Valtrex \_\_\_\_\_ mg • Zoviraz (acyclovir) \_\_\_\_\_ mg • Famvir \_\_\_\_\_ mg  
1 day prior to treatment.  
Dosing instructions: \_\_\_\_\_
- Please follow these instructions the morning of your treatment:
  - ✓ Arrive with a clean face – no makeup or skincare products.
  - ✓ Arrive with clean hair – free of all hair products.
  - ✓ Give your pre-op clinical assistant the phone number of your driver if you will be arranging a ride. The clinical assistant will be happy to contact your driver 30 minutes before you are ready to go.
- Areas we plan to treat: \_\_\_\_\_
- Follow-up schedule: \_\_\_\_\_
- Your post-care instruction plan is laid out in your packet. Please review and follow it carefully to achieve the maximum results from your treatment.

We look forward to treating you! Please call us or email [cosmetics@bellairedermatology.com](mailto:cosmetics@bellairedermatology.com) if you have any questions.